

**Activity 4**

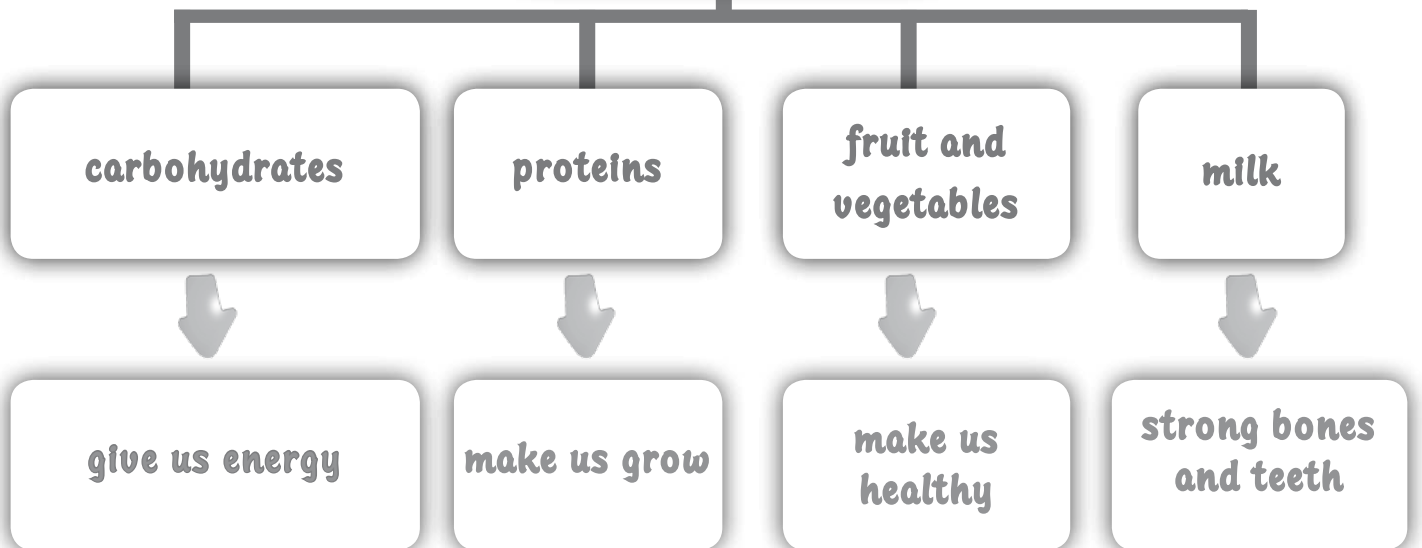
Draw the different foods and drinks that are in these bottles and packets. Write their names.



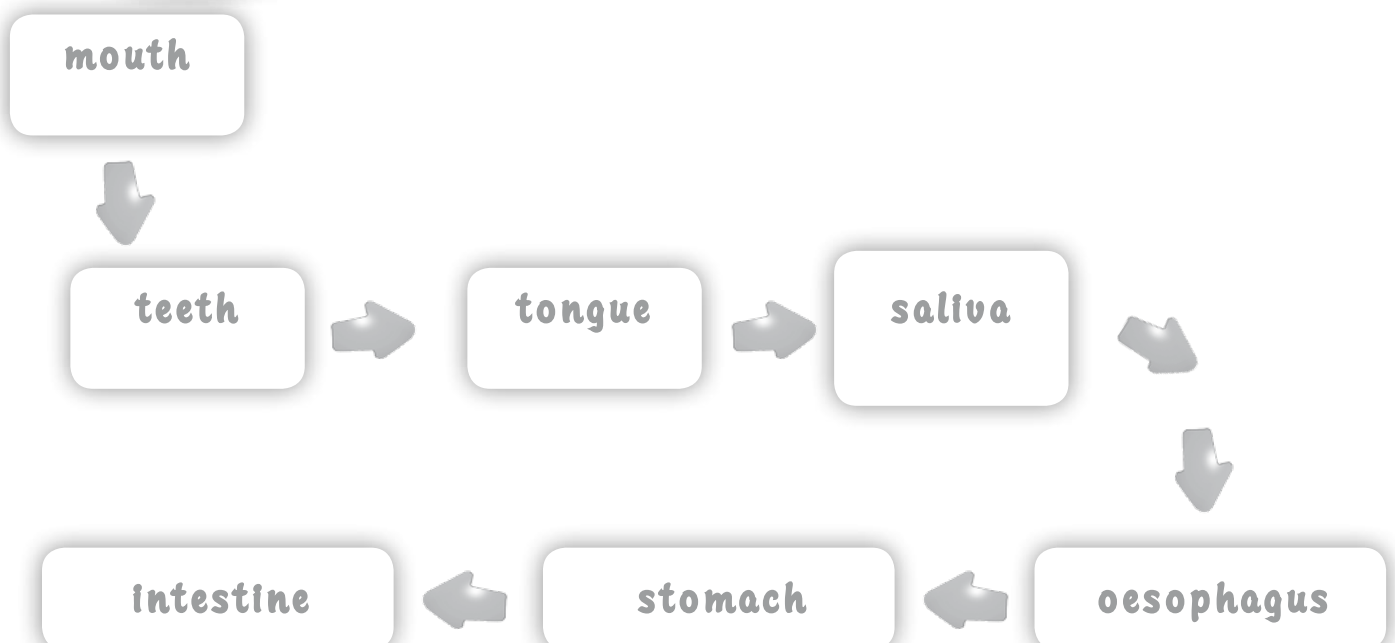
## Unit 4

### Important things to remember

We eat different food to help our bodies work



### The digestive system



## Check-up test on Unit 4: How our body works

Tick the correct answers.

1. We eat different kinds of food to help us have ...

- ☐ a) strong bones
- ☐ b) healthy muscles
- ☐ c) clothes and shoes
- ☐ d) healthy teeth and skin
- ☐ e) cars and bicycles
- ☐ f) energy

2. If we eat healthy food we have ...

- ☐ a) healthy bodies
- ☐ b) unhealthy bodies

3. When we eat food, it passes from our mouths to our ...

- ☐ a) oesophagus
- ☐ b) feet
- ☐ c) stomach
- ☐ d) brain
- ☐ e) intestines
- ☐ f) anus
- ☐ g) ankle

4. Tomatoes and apples come from ...

- ☐ a) animals
- ☐ b) plants

5. Meat and milk come from ...

- ☐ a) animals
- ☐ b) plants

6. Water and other drinks are put into ...

- ☐ a) paper bags
- ☐ b) bottles
- ☐ c) packets

7. You must keep yoghurt in the ...

- ☐ a) fridge
- ☐ b) cupboard

**Unit 5**  
**Important things**  
**to remember**

**We are born.**  
**We grow and change.**

**baby**

**little girls**  
**little boys**

**big**  
**children**

**adults**

**old people**

**We learn different**  
**things.**